



STORYBROOKE
EDUCATION
School of Early Learning



MENU

2026 Winter Menu



Week 1

2026 WINTER MENU | STORYBROOKE-EDU.AU



Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast	Wholemeal toast with assorted spreads Weetbix served with full cream milk				
Morning Tea	Pancakes served with seasonal fruit	Raisin Toast served with seasonal fruit	Banana muffins served with seasonal fruit	Cheese toasties served with seasonal fruit	Crumpets with honey and strawberry jam
Lunch	Spaghetti bolognese served with mixed vegetables	Chicken and sweet corn soup	Beef gravy with vegetables & rice	Chicken stir-fry with noodles	Vegetable fried rice
Lunch (Vegetarian)	Penne Napoletana served with mixed vegetables	Vegetable soup	Vegetables with gravy & rice	Stiry-fry seasonal winter vegetables	Vegetable fried rice
Lunch (Nursery)	Pureed lunch option	Pureed lunch option	Pureed lunch option	Pureed lunch option	Pureed lunch option
Afternoon Tea	Seasonal fruit with Greek yoghurt	Fruit & vegetable platter with cheese & crackers	Vegemite & cheese fingers with seasonal fruits	Hummus with vegetable sticks & pita bread	Greek yoghurt fruit cups

All meals are served with water or milk

Developed in line with the Australian Dietary Guidelines and the Munch & Move program.

Week 2

2026 WINTER MENU | STORYBROOKE-EDU.AU



Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast	Wholemeal toast with assorted spreads Weetbix served with full cream milk				
Morning Tea	Warm porridge with cinnamon & pear	Toasted cheese fingers with seasonal fruits	Banana bread served with warm custard	Crumpets with strawberry jam served with seasonal fruit	Warm oats with seasonal fruits
Lunch	Roast beef with mash potato & vegetables	Beef & potato shepherds pie	Chicken & Mushroom risotto	Mongolian lamb noodle stir fry with mixed vegetables	Pumpkin & sweet potato soup served with garlic bread
Lunch (Vegetarian)	Potato & vegetables	Veggie curry and rice	Vegetarian risotto	Vegetable hokkein noodles	Pumpkin & sweet potato soup served with garlic bread
Lunch (Nursery)	Pureed lunch option	Pureed lunch option	Pureed lunch option	Pureed lunch option	Pureed lunch option
Afternoon Tea	Rice cakes served with tomato & cheese and seasonal fruit and vegetables	Piklets served with seasonal fruits	Greek yoghurt with seasonal fruits	Lebanese bread triangles with hummus served with vegetable sticks	Assorted sandwich triangles (cheese & tomato cheese & avocado) served with seasonal fruit and vegetables

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Week 3

2026 WINTER MENU | STORYBROOKE-EDU.AU



Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast	Wholemeal toast with assorted spreads Weetbix served with full cream milk				
Morning Tea	Creamy hot rice pudding	Ham & cheese toasties on sliced bread served with seasonal fruit	Baked blueberry muffins	Baked beans on toast served with seasonal fruit	English muffins with jam and ricotta cheese served with seasonal fruit
Lunch	Chickpea curry and rice	Tuna pasta bake	Roast chicken with mash potato & vegetables	Minestrone Soup served with homemade garlic bread	Beef casserole served with seasonal vegetables
Lunch (Vegetarian)	Chickpea Curry and Rice	Vegetable pasta bake	Seasonal vegetables roast	Minestrone Soup served with homemade garlic bread	Hearty vegetarian casserole
Lunch (Nursery)	Pureed lunch option	Pureed lunch option	Pureed lunch option	Pureed lunch option	Pureed lunch option
Afternoon Tea	Vegetable scones served with seasonal fruit & vegetables	Fresh baked sweet potato	Seasonal fruit and warm custard	Banana yogurt served with fresh fruit	Rice Cakes with cream cheese, tomato & cucumber served with seasonal fruit & vegetables

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Week 4

2026 WINTER MENU | STORYBROOKE-EDU.AU



Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast	Wholemeal toast with assorted spreads Weetbix served with full cream milk				
Morning Tea	Warm porridge with berries	Warm oats with banana	Banana loaf muffin	Warm crumpets with cream cheese and avocado	Seasonal fruit served with Greek yoghurt
Lunch	Gnocchi in cheesy tomato sauce	Savory mince served with vegetables and rice	Spinach and cheese bake	Chicken noodle soup	Seasonal vegetarian curry and rice
Lunch (Vegetarian)	Gnocchi in cheesy tomato sauce	Vegetable pie served with rice	Potato, pumpkin & chickpea patties served with steamed broccoli	Vegetable noodle soup	Vegetable curry served with rice
Lunch (Nursery)	Pureed lunch option	Pureed lunch option	Pureed lunch option	Pureed lunch option	Pureed lunch option
Afternoon Tea	Rasin toast with avocardo and cream cheese	Margarita pizza sticks served with seasonal fruit & vegetables	Warm mini pancakes served with seasonal fruit	Avocado & cream cheese dip with wholemeal flat bread served with seasonal fruit & vegetables	Toasted wholegrain English muffins with sliced tomatoes & cheese and avocardo

All meals are served with water or milk

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*Nourishing little learners,
from the inside out.*

For dietary requirements or concerns,
please communicate with our friendly team.